

Appendix III-b

Quantitative Data for 2'-FL and LNnT

Publications reporting quantitative data for individual HMOs

Quantitative data for individual HMOs have been reported in at least 39 publications by June 2017.^[1-39] The table below provides the general overview on the reported studies, and on the main parameters of stratification of the data. In total, ~47 different individual HMOs have been quantified to date (while many more have been identified in structure)^[40]; however, the data also clearly shows that a subset of around 10-15 individual HMOs make up the large majority of the biomass (>85%) in all milk samples analyzed, with 2'-FL being by far the most abundant HMO on average. The specific data for 2'-FL, and for LNnT, is presented in the next table on the following pages.

| # | Reference | Milk group | Neutral | Acidic | Samples | Population | Birth term / preterm | Lactation day | HMOs quantified |
|----|---|------------|---------|--------|---|--------------------------|----------------------|-------------------------------|-----------------|
| 01 | Kunz et al. <i>Acta Paediatr.</i> 1993 | pool | + | + | n/a | Europe | term | "mature milk" | 8 |
| 02 | Thurl & Sawatzki, <i>Anal. Biochem.</i> 1996 | 1 | + | + | 1 | Europe | term | "mature milk" | 20 |
| 03 | Chaturvedi et al. <i>Anal. Biochem.</i> 1997 | pool | + | | 50 | Latin America | term | 30-60 | 12 |
| 04 | Coppa et al. <i>Acta Paediatr. Suppl.</i> 1999 | 1 | + | + | 18 | Europe | term | 4, 10, 30, 60, 90 | 21 |
| 05 | Nakhla et al. <i>Br. J. Nutr.</i> 1999 | pool | + | | 15 | USA | preterm | 0-33 | 10 |
| 06 | Shen et al. <i>Anal. Biochem.</i> 2000 | pool | | + | n.d. | USA | term | n/a | 5 |
| 07 | Erney et al. <i>JPGN</i> 2000 | pool | + | | 80 Asia 68 Europe 197 Lat. Amer. 36 USA | | term | 0-2, 3-10, 11-30, >31 | 9 |
| 08 | Kunz et al. <i>Ann. Rev. Nutr.</i> 2000 | pool | + | + | 4 | Europe | term | 2-19 | 8 |
| 09 | Erney et al. <i>Bioactive Comp. Hum. Milk</i> 2001 | pool | + | | 268 | America & Europe | term | 1-100 | 9 |
| 10 | Chaturvedi et al. <i>Glycobiol.</i> 2001 | pool | + | | 12 | USA | term | "mature milk" | 12 |
| 11 | Sumiyoshi et al. <i>Br. J. Nutr.</i> 2003 | pool | + | | 16 | Japan | term | 4, 10, 30, 100 | 6 |
| 12 | Martin-Sosa et al. <i>J. Dairy Sci.</i> 2003 | pool | | + | 12 | Europe | term | 1-4, 12-17, 28-32 | 7 |
| 13 | Morrow et al. <i>J. Pediatr.</i> 2004 | pool | + | | 93 | Latin America | term | 1-100 | 4 |
| 14 | Musumeci et al. <i>JPGN</i> 2006 | pool | + | | 53 Africa, 50 Europe | | term | 1, 2, 3 | 2 |
| 15 | Bao et al. <i>Anal. Biochem.</i> 2007 | pool | | + | 13 | USA | term | 2-4, 12-67 | 12 |
| 16 | Asakuma et al. <i>Biosci. Biotech. Biochem.</i> 2007 | pool | | + | 20 | Japan | term | 1-3 | 9 |
| 17 | Asakuma et al. <i>Eur. J. Clin. Nutr.</i> 2008 | pool | + | | 12 | Japan | term | 1-3 | 10 |
| 18 | Leo et al. <i>J. Chromatogr.</i> 2009 | pool | + | | 8 | Samoa | term | 5-10 and ">10" | 11 |
| 19 | Thurl et al. <i>Br. J. Nutr.</i> 2010 | 1-3 | + | + | 30 | Europe | term | 3-90 | 20 |
| 20 | Leo et al. <i>Biosci. Biotech. Biochem.</i> 2010 | pool | + | + | 16 | Samoa | term | 5-10, 21-155 | 17 |
| 21 | Asakuma et al. <i>J. Biol. Chem.</i> 2011 | pool | + | | 57 | Japan | term | 30-120 | 10 |
| 22 | Coppa et al. <i>JPGN</i> 2011 | 1-4 | + | | 40 | Europe | term | 25-35 | 8 |
| 23 | Gabrielli et al. <i>Pediatr.</i> 2011 | 1-4 | + | + | 63 | Europe | preterm | 4-30 | 23 |
| 24 | Galeotti et al. <i>Anal. Biochem.</i> 2012 | 1-4 | + | + | n/a | Europe | term | 4-30 | 21 |
| 25 | De Leoz et al. <i>J. Proteome Res.</i> 2012 | 1-4 | + | + | 15 | USA | preterm | "mature milk" | 3 |
| 26 | Totten et al. <i>J. Proteome Res.</i> 2012 | 1-4 | + | + | 60 | Africa | term | 1-180 | 23 |
| 27 | Bao et al. <i>Anal. Biochem.</i> 2013 | 1 | + | | 4 | USA | term | 3, 14-29 | 11 |
| 28 | Smilowitz et al. <i>J. Nutr.</i> 2013 | pool | + | + | 52 | USA | term | 90 | 10 |
| 29 | Galeotti et al. <i>Electrophoresis</i> 2014 | 1-4 | + | + | 9 | Europe | term | 4-30 | 16 |
| 30 | Hong et al. <i>Anal. Chem.</i> 2014 | pool | + | + | 20 | USA | term | 35 | 24 |
| 31 | Olivares et al. <i>Eur. J. Nutr.</i> 2014 | Sec/NS | + | + | 24 | Europe | term | 30 | 8 |
| 32 | Sakaguchi et al. <i>Rapid Commun. M. S.</i> 2014 | n. a. | + | | 1 | Japan | term | 10, 90 | 6 |
| 33 | Van Niekerk et al. <i>J. Nutr.</i> 2014 | Sec/NS | + | + | 82 | South Africa | preterm | 4, 28 | 15 |
| 34 | Spevacek et al. <i>J. Nutr.</i> 2015 | pool | + | + | 25 | USA | term & preterm | 0-5, 14, 28 | 12 |
| 35 | Monti et al. <i>J. Chromatogr. A</i> 2015 | n. a. | + | + | 2 | Italy | term | n. a. | 3 |
| 36 | Austin et al. <i>Nutrients</i> 2016 | pool | + | + | 446 | China | term | 5-11, 12-30, 1-2m, 2-4m, 4-8m | 10 |
| 37 | Kunz et al. <i>JPGN</i> 2017 | Sec/NS | + | + | 32 | Spain | term | 1-7, 8-15, >16 | 16 |
| 38 | Sprenger et al. <i>PlosOne</i> 2017 | Sec/NS | + | + | 50 | Singapore | term | 1m, 2m, 4m | 5 |
| 39 | McGuire et al. <i>Am. J. Clin. Nutr.</i> 2017 | Sec/NS | + | + | 410 | Afrika, Europe, NAm, SAm | term | 2w to 5m | 19 |

Abbreviations: Sec = Secretor (milk group 1 and 3 are secretors); NS = Non-secretor (milk group 2 and 4 are non-secretors); m = months; w = weeks; NAm = North America; SAm = South America.

Summary of all reported data for 2'-FL and LNnT

| # | Reference | No of Samples | Population | Term/ Preterm | Lactation phase (days) | Milk group | Secretor status | Other discriminator | LNnT (g/L) | 2'FL (g/L) |
|----|---|---------------|------------------|------------------|---------------------------|---------------|--------------------|------------------------|---------------|---------------|
| 2 | Thurl et al. Anal. Biochem. 1996 | 1 | Europe | term | mature milk | 1 | Secretor | n.a. | 0,110 | 1,840 |
| 3 | Chaturvedi et al. Anal. Biochem. 1997 | 50 | Latin America | term | 30-60 | pool | pool | n.a. | 0,180 | 1,210 |
| 4 | Coppa et al. Acta Paediatr. Suppl. 1999 | 18 | Europe | term | 4 | 1 | Secretor | n.a. | 2,040 | 3,930 |
| | | | | | 10 | | | | 1,830 | 3,020 |
| | | | | | 30 | | | | 1,400 | 2,780 |
| | | | | | 60 | | | | 0,950 | 1,840 |
| | | | | | 90 | | | | 1,370 | 2,460 |
| 5 | Nahkla et al. Br. J. Nutr. 1999 | 13 | US | preterm | 0-33 | pool | pool | n.a. | 0,081 | 1,134 |
| | | 2 | | term | 4-128 | | | | 0,048 | 1,273 |
| 7 | Erney et al. JPGN 2000 | 11 | Asia | term | 0-2 | pool | pool | n.a. | 0,380 | 2,290 |
| | | 25 | | | 3-10 | | | | 0,360 | 2,260 |
| | | 20 | | | 11-30 | | | | 0,230 | 2,360 |
| | | 24 | | | >31 | | | | 0,100 | 1,500 |
| | | 8 | Europe | term | 0-2 | pool | pool | n.a. | 0,440 | 3,400 |
| | | 14 | | | 3-10 | | | | 0,550 | 2,690 |
| | | 21 | | | 11-30 | | | | 0,280 | 2,380 |
| | | 25 | | | >31 | | | | 0,200 | 2,360 |
| | | 19 | Latin America | term | 3-10 | pool | pool | n.a. | 0,410 | 2,790 |
| | | 129 | | | 11-30 | | | | 0,310 | 2,610 |
| | | 49 | | | >31 | | | | 0,190 | 1,910 |
| | | 4 | US | term | 3-10 | pool | pool | n.a. | 0,360 | 2,780 |
| | | 8 | | | 11-30 | | | | 0,200 | 2,560 |
| | | 24 | | | >31 | | | | 0,190 | 1,690 |
| 9 | Erney et al. Bioactive Comp. Hum. Milk 2001 | 268 | America & Europe | term | 1-100 | pool | pool | n.a. | 0,270 | 2,380 |
| 10 | Chaturvedi et al. Glycobiol. 2001 | 12 | US | term | mature milk | pool | pool | n.a. | 0,170 | 2,430 |
| 11 | Sumiyoshi et al. Br. J. Nutr. 2003 | 16 | Japan | term | 4 | pool | pool | n.a. | 0,211 | n.a. |
| | | | | | 10 | | | | 0,209 | |
| | | | | | 30 | | | | 0,156 | |
| | | | | | 100 | | | | 0,044 | |
| 13 | Morrow et al, J. Pediatr. 2004 | 93 | Latin America | term | 1-100 | pool | pool | n.a. | n.a. | 3,850 |
| 14 | Musumeci et al. JPGN 2006 | 53 | Africa | term | 1 | pool | pool | n.a. | n.a. | 1,800 |
| | | | | | 2 | | | | n.a. | 4,500 |
| | | | | | 3 | | | | n.a. | 8,400 |
| | | 50 | Europe | term | 1 | pool | pool | n.a. | n.a. | 1,000 |
| | | | | | 2 | | | | n.a. | 2,100 |
| | | | | | 3 | | | | n.a. | 4,200 |
| 17 | Asakuma et al. Eur. J. Clin. Nutr. 2008 | 12 | Japan | term | 1-3 | pool | pool | n.a. | 0,460 | 2,026 |
| 18 | Leo et al. J. Chromatogr. 2009 | 8 | Samoa | term | 5-10 | pool | poo | n.a. | 0,460 | 0,220 |
| | | | | | > 10 | | | | 0,200 | 0,690 |
| 19 | Thurl et al. Br. J. Nutr. 2010 | 21 | Germany | term | 3 | 1 | Secretor | n.a. | 0,490 | 4,130 |
| | | 109 | | | 3-90 | | | | 0,320 | 3,130 |
| | | 28 | | | 3-90 | 2 | Non-secretor | n.a. | 0,110 | 0,000 |
| | | 17 | | | 3-90 | 3 | Secretor | n.a. | 0,320 | 4,570 |
| | | | | | | | | | | |
| 20 | Leo et al. Biosci. Biotech. Biochem. 2010 | 16 | Samoa | term | 5-10 | pool | pool | n.a. | 0,460 | 0,220 |
| | | | | | 22-155 | | | | 0,200 | 0,690 |
| 21 | Asakuma et al. J. Biol. Chem. 2011 | 57 | Japan | term | 30-120 | pool | pool | n.a. | 0,320 | 1,480 |
| 22 | Coppa et al. JPGN 2011 | 10 | Europe | term | 25-35 | 1 | Secretor | n.a. | n.a. | 2,560 |
| | | 19 | | | | 2 | Non-secretor | | n.a. | 0,000 |
| | | 6 | | | | 3 | Secretor | | n.a. | 2,660 |
| | | 4 | | | | 4 | Non-secretor | | n.a. | 0,000 |

| # | Reference | No of Samples | Population | Term/ Preterm | Lactation phase (days) | Milk group | Secretor status | Other discriminator | LNnT (g/L) | 2'FL (g/L) |
|----|--------------------------------------|---------------|--------------|------------------|---------------------------|---------------|--------------------------|------------------------|----------------|----------------|
| 23 | Gabrielli et al. Pediatr. 2011 | 35 | Europe | preterm | 4 | 1 | Secretor | n.a. | 1,970 | 7,230 |
| | | | | | 10 | | | | 1,660 | 5,360 |
| | | | | | 20 | | | | 1,640 | 4,720 |
| | | | | | 30 | | | | 1,610 | 4,410 |
| | | 18 | | | 4 | 2 | Non-secretor | n.a. | 1,440 | 0,000 |
| | | | | | 10 | | | | 1,850 | 0,000 |
| | | | | | 20 | | | | 1,750 | 0,000 |
| | | | | | 30 | | | | 1,290 | 0,000 |
| | | 7 | | | 4 | 3 | Secretor | n.a. | 1,200 | 7,360 |
| | | | | | 10 | | | | 1,630 | 6,690 |
| | | | | | 20 | | | | 1,150 | 5,830 |
| | | | | | 30 | | | | 1,360 | 5,850 |
| | | 3 | | | 4 | 4 | Non-secretor | n.a. | 1,250 | 0,000 |
| | | | | | 10 | | | | 1,400 | 0,000 |
| | | | | | 20 | | | | 1,770 | 0,000 |
| | | | | | 30 | | | | 1,000 | 0,000 |
| 24 | Galeotti et al. Anal. Biochem. 2012 | n/a | Europe | term | 4-30 | 1 | Secretor | Method A | 1,850 | 3,710 |
| | | | | | | | | Method B | 1,755 | 4,110 |
| | | | | | | 2 | Non-secretor | Method A | 2,940 | 0,000 |
| | | | | | | | | Method B | 3,080 | 0,000 |
| | | | | | | 3 | Secretor | Method A | 2,565 | 6,570 |
| | | | | | | | | Method B | 2,420 | 7,150 |
| | | | | | | 4 | Non-secretor | Method A | 2,236 | 0,000 |
| | | | | | | | | Method B | 3,525 | 0,000 |
| 27 | Bao et al. Anal. Biochem. 2013 | 4 | US | term | 3 14-29 | 1 | Secretor | n.a. | 0,231 0,629 | 1,117 1,078 |
| 28 | Smilowitz et al. J. Nutr. 2013 | 52 | US | term | 90 | pool | pool | n.a. | 0,090 | 1,220 |
| 29 | Galeotti et al. Electrophoresis 2014 | 3 | Europe | term | 4-30 | 1 | Secretor | n.a. | 4,100 | 5,000 |
| | | 3 | | | | 2 | Non-secretor | | 3,300 | 0,000 |
| | | 2 | | | | 3 | Secretor | | 0,000 | 7,800 |
| | | 1 | | | | 4 | Non-secretor | | 2,500 | 0,000 |
| 30 | Hong et al. Anal. Chem. 2014 | 20 | USA | term | 35 | 1+3 2+4 | Secretor Non-secretor | n.a. | 0,360 0,220 | 2,500 0,480 |
| 31 | Olivares et al. Eur. J. Nutr. 2014 | 24 | Europe | term | 30 | 1+3 | Secretor | Celiac+ | n.a. | 2,540 |
| | | | | | | | | Celiac- | | 2,510 |
| | | | | | | 2+4 | Non-secretor | Celiac+ | | 0,080 |
| | | | | | | | | Celiac- | | 0,070 |
| 33 | Van Niekerk et al. J. Nutr. 2015 | 82 | South Africa | pre-term | 4 28 | 1+3 | Secretor | HIV- | 0,192 | 1,227 |
| | | | | | | | | HIV+ | 0,154 | 0,697 |
| | | | | | | | | HIV- | 0,200 | 0,680 |
| | | | | | | | | HIV+ | 0,160 | 0,520 |
| | | | | | 4 28 | 2+4 | Non-secretor | HIV- | 0,269 | 0,010 |
| | | | | | | | | HIV+ | 0,272 | 0,010 |
| | | | | | | | | HIV- | 0,200 | 0,010 |
| | | | | | | | | HIV+ | 0,280 | 0,010 |
| 34 | Spevacek at al. J. Nutr. 2015 | 15 | USA | term | 0-5 | pool | pool | n.a. | 0,260 | 2,650 |
| | | | | | 14 | | | | 0,150 | 2,060 |
| | | | | | 28 | | | | 0,120 | 1,750 |
| | | 10 | | pre-term | 0-5 | | | | 0,160 | 2,420 |
| | | | | | 14 | | | | 0,120 | 1,660 |
| | | | | | 28 | | | | 0,150 | 1,130 |

| # | Reference | No of Samples | Population | Term/ Preterm | Lactation phase (days) | Milk group | Secretor status | Other discriminator | LNnT (g/L) | 2'FL (g/L) | | |
|-----|------------------------------|---------------|--------------|---------------------|--|---------------|--------------------|------------------------|---------------|---------------------|-------|-------|
| 36 | Austin et al. Nutrients 2016 | 446 | China | term | 5-11 | pool | pool | n.a. | 0,180 | 2,600 | | |
| | | | | | 12-30 | | | | 0,120 | 2,300 | | |
| | | | | | 1-2 months | | | | 0,085 | 2,200 | | |
| | | | | | 2-4 months | | | | 0,065 | 1,800 | | |
| | | | | | 4-8 months | | | | 0,059 | 1,300 | | |
| 37 | Kunz et al. JPGN 2016 | 32 | Spain | term | 1-7 | 1+3 | Secretor | n.a. | 0,290 | 3,990 | | |
| | | | | | 8-15 | | | | 0,240 | 3,600 | | |
| | | | | | > 16 | | | | 0,190 | 2,760 | | |
| | | | | | 1-7 | 2 | Non-secretor | | 0,250 | 0,000 | | |
| | | | | | 8-15 | | | | 0,170 | 0,000 | | |
| | | | | | > 16 | | | | 0,170 | 0,000 | | |
| 38 | Sprenger et al. PlosOne 2017 | 34 | Singapore | term | 1 month | 1+3 | Secretor | n.a. | 0,263 | 2,170 | | |
| | | 2 months | | | 0,166 | | | | 1,764 | | | |
| | | 4 months | | | 0,108 | | | | 1,376 | | | |
| | | 16 | | | 1 month | 2+4 | Non-secretor | | 0,189 | 0,026 | | |
| | | 2 months | | | 0,109 | | | | 0,019 | | | |
| | | 4 months | | | 0,066 | | | | 0,011 | | | |
| | | 39 | | | McGuire et al. Am. J. Clin. Nutr. 2017 | 40 | Ethiopia | | term | 2 weeks to 5 months | pool | pool |
| 40 | urban | | 0,656 | 1,393 | | | | | | | | |
| 80 | pool | | 0,625 | 1,249 | | | | | | | | |
| 40 | 1+3 | | Secretor | rural | | 0,554 | | 1,701 | | | | |
| 40 | | | | urban | | 0,616 | | 1,798 | | | | |
| 80 | | | | pool | | 0,585 | | 1,750 | | | | |
| 40 | 2+4 | | Non-secretor | rural | | 0,666 | | 0,002 | | | | |
| 40 | | | | urban | | 0,793 | | 0,000 | | | | |
| 80 | | | | pool | | 0,730 | | 0,001 | | | | |
| 40 | Gambia | | term | 2 weeks to 5 months | | pool | pool | rural | 1,008 | 1,440 | | |
| 40 | | | | | | | | urban | 0,553 | 2,061 | | |
| 80 | | | | | | | | pool | 0,781 | 1,751 | | |
| 40 | | | | | | 1+3 | Secretor | rural | 0,822 | 2,216 | | |
| 40 | | | | | | | | urban | 0,533 | 2,425 | | |
| 80 | | | | | | | | pool | 0,678 | 2,321 | | |
| 40 | | | | | | 2+4 | Non-secretor | rural | 1,351 | 0,001 | | |
| 40 | | | | | | | | urban | 0,668 | 0,001 | | |
| 80 | | | | | | | | pool | 1,010 | 0,001 | | |
| 40 | Ghana | | term | 2 weeks to 5 months | | pool | pool | n.a. | 0,613 | 0,702 | | |
| 1+3 | | | | | | | | | Secretor | 0,583 | 1,036 | |
| 2+4 | | | | | | | | | Non-secretor | 0,675 | 0,010 | |
| 42 | Kenya | | term | 2 weeks to 5 months | | pool | pool | n.a. | 0,759 | 1,651 | | |
| 1+3 | | | | | | | | | Secretor | 0,699 | 2,039 | |
| 2+4 | | | | | | | | | Non-secretor | 1,016 | 0,001 | |
| 43 | Peru | | term | 2 weeks to 5 months | | pool | pool | n.a. | 0,416 | 3,188 | | |
| 1+3 | | | | | | | | | Secretor | 0,391 | 3,264 | |
| 2+4 | | | | | | | | | Non-secretor | 1,474 | 0,001 | |
| 41 | Spain | | term | 2 weeks to 5 months | | pool | pool | n.a. | 0,388 | 1,907 | | |
| 1+3 | | | | | | | | | Secretor | 0,364 | 2,523 | |
| 2+4 | | | | | | | | | Non-secretor | 0,461 | 0,001 | |
| 24 | Sweden | | term | 2 weeks to 5 months | | pool | pool | n.a. | 0,604 | 2,765 | | |
| 1+3 | | | | | | | | | Secretor | 0,600 | 3,490 | |
| 2+4 | | | | | | | | | Non-secretor | 0,618 | 0,010 | |
| 41 | USA | | term | 2 weeks to 5 months | | pool | pool | WA state | 0,549 | 2,031 | | |
| 1+3 | | | | | | | | | Secretor | 0,562 | 2,974 | |
| 2+4 | | | | | | | | | Non-secretor | 0,624 | 0,003 | |
| 19 | | | | | | pool | pool | CA state | 0,561 | 3,440 | | |
| | | | | | | | | | 1+3 | Secretor | 0,514 | 3,631 |
| | | | | | | | | | 2+4 | Non-secretor | 0,541 | 0,001 |

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